

Implementing Extensive Listening in High Schools

Sam Berry

Aoyama Gakuin Senior High School

sam.berry@aoyamagakuin.jp



materials here↑

JALT2022

About Extensive Listening

Various definitions exist, but in general most of the literature agrees that extensive listening (EL) involves

“learners doing lots of easy, comprehensible, and enjoyable listening practice”

(Chang and Millett, 2013)

In addition, it may include:

- self-selection of listening texts (Lynch, 2009)
- different types of discourse (Gilliland, 2015)

Benefits of EL

- increased **listening fluency** (Chang and Millett, 2016)
- increased **listening confidence** (Chen, 2016)
- can raise **cultural awareness** (Gilliland, 2015)
- build familiarity with **features of spoken English** (Renandya and Jacobs, 2016)
- can expose learners to **varieties of English** (Milliner, 2018)

Issues

- can be hard for students (and teachers) to select appropriate materials
- in HS harder to rely on student autonomy (not doing/copying etc.)
- learners choose listening texts that are too difficult
- many EL studies focus on listening to graded readers (potential issues with practicality and aims)

IMPLEMENTING EXTENSIVE LISTENING IN HIGH SCHOOLS

How?

- ✧ EL diaries (Chen, 2016), EL Logs (Gilliland, 2015), Student logs via Google forms (Milliner, 2017) →
- ✧ My context (senior high school) ↓

Listening Practice: Dragana interview

Listen to Mr. Berry interviewing his friend about her experiences in Japan.


100647@gil.ayama.ed.jp (not shared) [Switch account](#)

* Required

Write your name. Ex. "Taro Ayama" *

Your answer

Watch the video and answer the questions.



Dragana has lived in Japan for... 1 point

☐ two years
☐ nine years
☐ eleven years

Dragana says she first came to Japan because she wanted to... 1 point

☐ volunteer
☐ teach
☐ get married

Dragana later came back to Japan because... 1 point

intro: google form with easy comp. Qs. Build familiarity and confidence

AGHS ENGLISH DEPARTMENT **Logic and Expression I**

LISTENING
Listen to one of the interviews with Mr. Berry's friends here. Then fill out the table.

Who did you listen to? (Name, Country, Topic)
Why did you choose that one?
How much could you understand? (ex. about 75%, about 50%, everything)
Write a 4 or 5 sentence summary.

next step: direct links to resources, simple summaries, follow-up activities in class

LISTENING Go to the **ELLLO** website. Listen to any conversation. Fill in the table.

Slightly easier ones **Slightly more difficult ones**

Speakers' names	Nationalities	Topic
Why did you choose that one?		
Write a 3 or 4 sentence summary		
Was it easy? Difficult? Interesting? Write a quick comment		

Aoyama Gakuin English Department Name: _____ HR: _____ Number: _____

Homework: Listening Project Part 1
During the second term, you will need to do some listening at home. In this first part, you will need to listen to seven interviews from the table and 2 of your choice. For each video, write a short summary (about 4 sentences) about the interview. The deadline is October 5th. I recommend trying to do one or three a week. Don't wait until October 13th! On YouTube search for "teachmean English Listening"

Name	Country	Topic
1. Emily	Canada	work
2. Joe	Peru	hobbies
3. Alex	Netherlands	living abroad
4. David	UK	travel
5. John	New Zealand	work
6.		
7.		

Name/Country/Topic	Summary (around four sentences)	How much did you understand? about %

next step: longer assignments. (Students currently doing roughly an hour a month outside class.)

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Resources



Beginner Listening Lessons - A2

Low Intermediate B1 | High Intermediate B2 | Advanced C1



Love it / Hate it

Meg and Todd share what they like to do in their free time.
Views 1504 Beginner (A2)
Meg Todd



Saving Money

Abidemi and Todd talk about saving money.
Views 1504 Beginner (A2)
Abidemi Todd



At the Mall

Todd and Katie discuss the shops at the local mall.
Views 1501 Beginner (A2)
Katie Todd



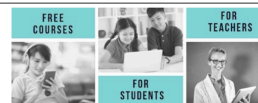
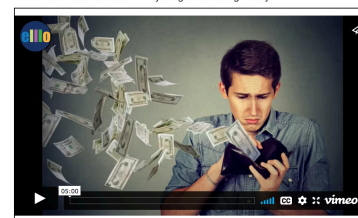
My English Town

Katie talks about her hometown, Torquay, England.
Views 1468 Beginner (A2)
Katie Todd

Views #1503 | Beginner 3

Saving Money

Abidemi and Todd talk about if they are good at saving money.



ELLLO - 1503 - AbidemiTodd - Saving Money

Script Vocab Quiz

Abidemi: Todd, are you good at saving money?

Todd: No, I'm terrible. I waste money. I waste so much money.

Abidemi: How?



[Beginner Lessons](#) | [Intermediate Lessons](#) | [Advanced Lessons](#)

English Listening Lesson Library Online

ELLLO have over 3,000 free listening lessons for all levels!

Beginner ([A2](#)) **Intermediate** ([B1](#) / [B2](#)) **Advanced** ([C1](#))

Natural Listening Lessons - Authentic English

- **Views:** 1500+ listening lessons of natural English conversations.
- **One Minute English:** Videos of International speakers.
- **Mixer:** Six International speakers answer the same question.



General ESL Listening Quizzes

Activities at Randall's ESL Cyber Listening Lab focus on everyday English comprehension skills at three levels based on content, voices, vocabulary, and natural speed. A combination of adult, teenage, and children's voices are included.



Easy

Listening for high-beginning ESL students.

[View Quizzes >>](#)



Intermediate

For intermediate-level ESL learners.

[View Quizzes >>](#)



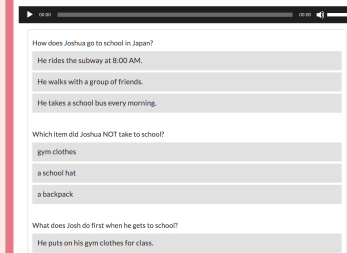
Difficult

For advanced-level ESL learners.

[View Quizzes >>](#)

Listening Exercises

A. Listen to the interview and answer the questions.



Listening Exercise

Listen to the conversation and read along with the conversation. Review the Key Vocabulary and the sample sentences.



Randall: Hello. Today I'm interviewing Joshua on his experiences going to a Japanese school. Now Joshua, what time do you go to school?

Joshua: Eight O'clock.

Randall: Eight O'clock. And do you go by yourself, or on a school bus?

Joshua: No, I have a group that goes with me.

Randall: So you go with a group?

Joshua: Uh-huh.

Randall: Now what kinds of things do you take to school?

English Interviews

Watch interviews with native speakers on a variety of topics and practice your English skills.

[View Quizzes >>](#)

Listening Quizzes For Academic Purposes

More advanced academic topics and lectures.

[View Quizzes >>](#)

Culture Videos

Short culture videos covering a wide range of topics that introduce learners to many parts of everyday topics.

[View Quizzes >>](#)

Easy

Choose a listening activity from the links below.

A Day at School
A Fun Day
Acting School and Movie Stars
Apartments for Rent
Bookstore Shopping
Camping Gear
Carnival Games
Christmas is Coming!
Class Reunion
Clothing Styles
College Graduation
College Life
Daily Schedule
Dating Game
Donating Cars
Drugs and Medication
DVD Movie Rentals
Eyeglasses
Holiday Traditions
Homesites in the USA
Hotel Reservations
Hotel Room Service
Immigration and Customs
Law Offices
Missing Children
New Friends
Nice to Meet You
Office Supplies Company
Party Invitations
Party Time!
Personal Profile
Phone Message
Physical Therapy
Private Language Tutor
Reading Books
Restaurant Order

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Resources

ESL Fast A huge free
online English learning resource

ENGLISH CONVERSATIONS

1,500 ESL/EFL Conversations On 25 Topics

- I SMALL TALK
- II COLLEGE LIFE
- III AT THE LIBRARY
- IV TRANSFERRING TO A UNIVERSITY
- V SOCIALIZING
- VI DATING

1. Repeat

A: Could you tell me if you have ever taken a class from Dr. Miller?

B: Yes. Are you going to be taking a class from him?

A: Yes, but I have never taken his class before.

B: He is very interesting and challenging. Is that what you are looking for?

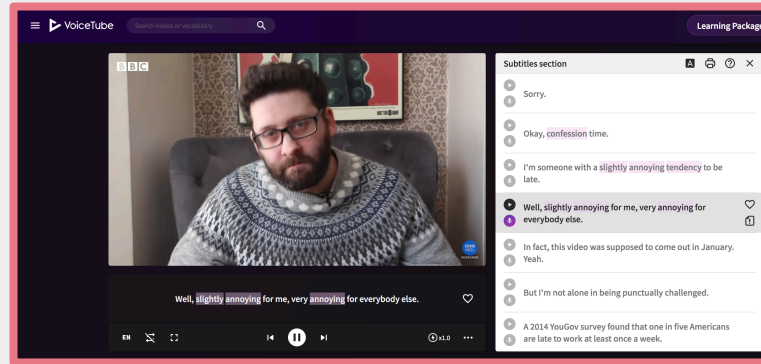
A: Yes, that's what I need.

B: He is really clear on what you need to learn to get a good grade. Are

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Resources



Filter | Keywords X

struggle

US /ˈstrʌɡəl/ • UK /ˈstrʌɡl/

verb

! To try very hard to do something difficult

noun

! Strong efforts made to do something difficult

A2

perception

US /pəˈsepʃən/ • UK /pəˈsepʃn/

noun

! Way in which one sees or understands something

B1

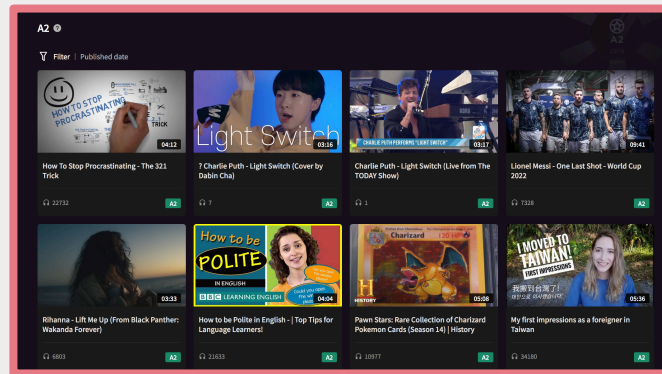
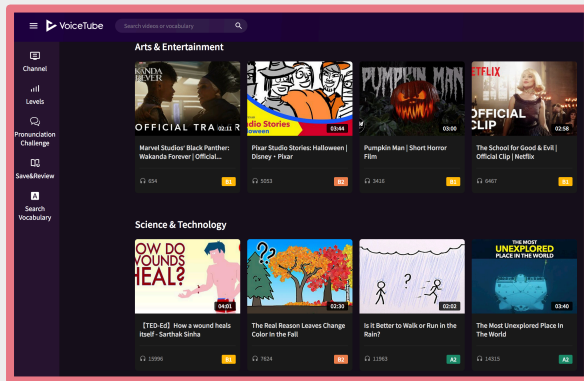
conscious

US /kənʃəs/ • UK /kənʃəs/

adjective

! Aware of what is going on around you

A2



Level 1

There are more vocabulary activities related to these podcasts on the 'extras' page. Podcasts 1-99 members only.

179 Beer'n'pizza. Is this the best food and drink combination?! (6 Oct 2022)

00:46 / 02:47

- Download (2.1MB, 2min 47sec)
- Transcript
- Worksheet
- Vocabulary tasks
- Answers

This is what a real pizza looks like:

This is what a real pizza looks like:



178 Commuting. Journeys to work: dull, fun or dangerous perhaps?! (18 Aug 2022)

00:00 / 00:00

- Download (2.3MB, 2min 57sec)
- Transcript
- Worksheet
- Vocabulary tasks
- Answers

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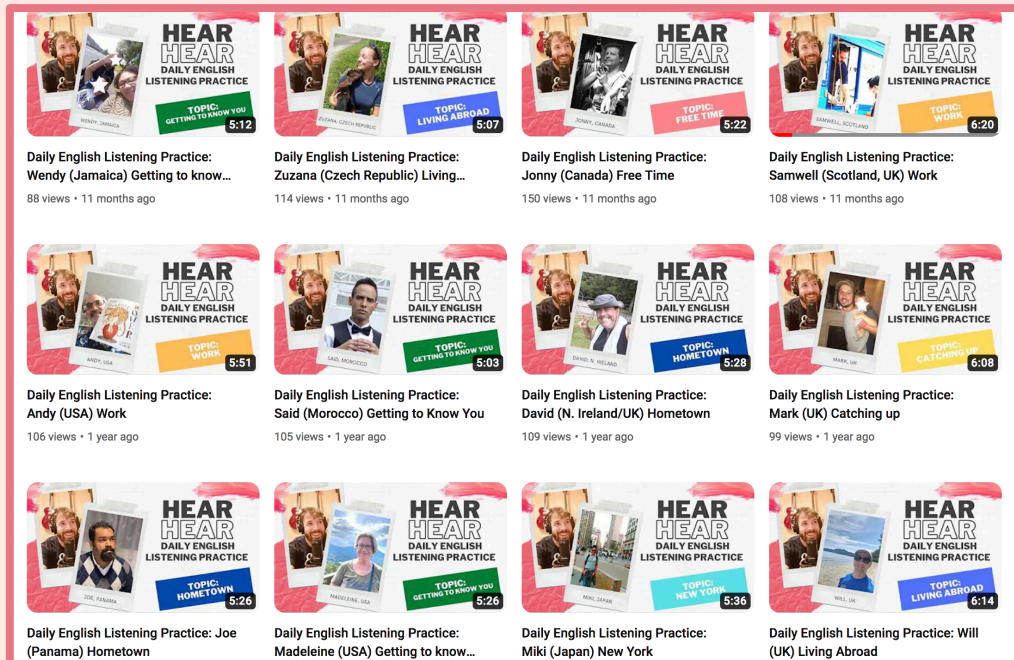
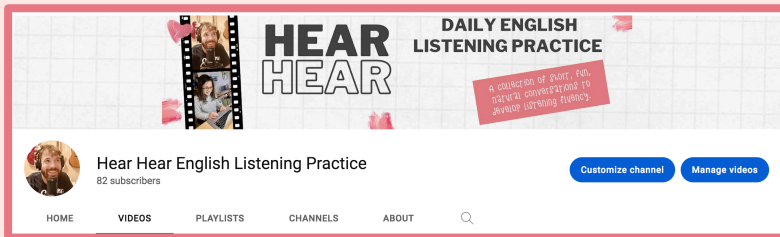
Resources summary

Any other resources?
(please add!)

	Strengths	Considerations	Student voice
ELLLO	<ul style="list-style-type: none"> 1000s of listenings Variety of discourse (solo, conversation, “mixer”) Variety of speakers Has scripts, vocab, quizzes 	<ul style="list-style-type: none"> Landing page has a lot on. Ss may need guidance 	<ul style="list-style-type: none"> “very useful” “good speed” “kind for learners”
Voice Tube	<ul style="list-style-type: none"> Authentic Videos leveled on CEFR scale Has subtitles, script, key vocab 	<ul style="list-style-type: none"> Content is not aimed at learners Levels can be a bit misleading Some features behind paywall Japanese subtitles automatically appeared on some videos 	<ul style="list-style-type: none"> “content was interesting” “Cool UI” “very fast” “a bit hard”
ESL Lab	<ul style="list-style-type: none"> Lots of content Has scripts and quizzes Introduces lots of idioms 	<ul style="list-style-type: none"> Ss need help with initial orientation Been around a long time – sound quality is not always high 	<ul style="list-style-type: none"> “very close to a normal daily conversation” “felt like a real chat not a prepared script” “nice length”
ESL Fast	<ul style="list-style-type: none"> good for very low level learners has script 	<ul style="list-style-type: none"> very short (appropriate for EL?) and slow 	<ul style="list-style-type: none"> “slow” “easy”
News in Levels	<ul style="list-style-type: none"> three levels news content 	<ul style="list-style-type: none"> only one speaker not conversational / text read aloud lower levels may be digitally slowed down – bit robotic? 	<ul style="list-style-type: none"> “interesting topics” “some of them are too short” “easy to use” “artificial voice?” “no intonation”
Podcast in English	<ul style="list-style-type: none"> natural style 	<ul style="list-style-type: none"> British English only script and other features behind paywall not so engaging for teens 	<ul style="list-style-type: none"> “the pronunciation was very clear”

IMPLEMENTING EXTENSIVE LISTENING IN HIGH SCHOOLS

Make your own!



- 5-minute conversations with friends
- recorded online using Zencaster (zoom, skype also have recording features)
- uploaded on YouTube
- unscripted
- directed at my students (A2-B1ish)
- familiar topics (work, free time, hometown, getting to know you, living abroad etc.)
- variety of nationalities



Student work

LISTENING Go to the ELLO website. Listen to any conversation. Fill in the table.

Slightly easier ones

Slightly more difficult ones

Speakers' names	Nationalities	Topic
Todd and Aimee	America	Our favorite things
Why did you choose that one?		
Because thumbail is very fascinating.		
Write a 3 or 4 sentence summary		
They talk about their favorite things. Her favorite food is Avocado. His favorite food is pizza. Their birthday is the same. So they have a birthday party together next year. Aimee likes Osaka. But it is expensive.		
Was it easy? Difficult? Interesting? Write a quick comment		
It is easy for me.		

LISTENING Go to the ELLO website. Listen to any conversation. Fill in the table.

Slightly easier ones

Slightly more difficult ones

Speakers' names	Nationalities	Topic
Aimee and Todd	Aimee: Scotland Todd: America	A Typical Day
Why did you choose that one?		
This is because I'm interested in people's daily life.		
Write a 3 or 4 sentence summary		
Aimee is healthy. For example, she gets up at about six, drinks hot water, fresh lemon juice and smooth, and goes to bed at eleven o'clock. Todd never cooks, so eats toast as breakfast and goes to restaurants at night. However, he likes salad very much, so his lunch is healthy.		
Was it easy? Difficult? Interesting? Write a quick comment		
It was easy and interesting!		

Asyama Sakin English Department

Homework: Listening Project Part 2

In Part 1, you listened to seven interviews. This time you should listen to 5 interviews (4 from the table and 1 of your choice). For each video, write a short summary about a conversation about the interview. **Due date: 11/25**

Name	Country	Topic	Understanding
1. Aimee	Philippines	getting to know you	
2. Laron	Canada	languages	
3. Mark	USA	living abroad	
4. Candice	South Africa	getting to know you	

Summary

He has lived in a few countries such as Korea, India, Taiwan, Japan (which he met Mr. Barry in the best), Chile, China, and he currently lives in India. The reason why he chose India is that he met his future wife and got married. They will live in USA if his wife gets a visa.

Summary

She lives near the Durban which is on the east coast. It's very warm, and it has tropical fruits and beaches, so it's a good place to visit. She is a primary school teacher, and she teaches for nine or ten years old students. She got married and she has a little girl.

Summary

He has been living in Japan for two years and eight months. He lives in Ishigaki, which has beautiful beaches and jungles. He bought a food truck (kitchen cup) and he runs a fish and chips food truck now. The food of Ishigaki are very friendly and supportive, so it's quite well. The menu is like British style but it has local ingredients, and he tries to keep everyone happy.

Summary

She can speak not only English, but also French, Spanish, Swedish, some sign languages, and also a little bit of Korean and Japanese. Studying languages at a young age is a good way to learn a new language. Ever since she was little, she wanted to live abroad and explore the world.

Summary

He has been living in Japan for two years and eight months. He lives in Ishigaki, which has beautiful beaches and jungles. He bought a food truck (kitchen cup) and he runs a fish and chips food truck now. The food of Ishigaki are very friendly and supportive, so it's quite well. The menu is like British style but it has local ingredients, and he tries to keep everyone happy.

*Note: During lockdown last year, many students asked me for extra listening practice, so I started uploading conversations with my friends on YouTube. It seems to be useful, and in general, the conversations are very natural, but not too difficult. I do not make any money from this channel. (10)

Asyama Sakin English Department

Homework: Listening Project Part 2

In Part 1, you listened to seven interviews. This time you should listen to 5 interviews (4 from the table and 1 of your choice). For each video, write a short summary about a conversation about the interview. **Due date: 11/25**

Name	Country	Topic	Understanding
1. Said	Morocco	getting to know you	
2. Aimee	USA	work	
3. Doreen	Chad Republic	living abroad	
4. Aimee	Philippines	getting to know you	

Summary

Said and Aimee has never met in real life. He is from a city called Fez, in the north of Morocco. Now, he lives in Hong Kong, because his wife is from there. And his job is introducing culture to people from the Arab world.

Summary

He is a writer of the English book and a teacher at the Japanese university. Mr. Barry's son like his book because it's picture is fun. And the only thing he had hard is to find the easy word that begin with 'x' or 'y'. He always a 'y' or 'x' change that gives us phrases that we would use in daily situation.

Summary

She is from the south area of Philippines called Bukidnon. It is a small town, and it is surrounded by pineapple. And now, she has lived in Tokyo for 14 years. She likes eating sushi and drinking sake. She works as a software developing manager. Also, she likes camping, too.

Summary

She has lived in Japan for 9 years, and she likes traveling in Japan. She has been to 43 prefectures. The best place she has been is Yakushima. She said we don't feel like you're on planet earth. And she is planning to go to Kagawa and Tokushima.

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Student voice

I think they are very good tools for listening English.
I want to use this from now on.

It was good because not only we can practice listening, but also we can know cultures of many foreign countries or a lot of different ways of living.

Great!
It is really useful to practice at home.

It was so helpful for me! It is difficult time to listening to native speaker's talking because of covid. I felt I want to keep watching them!

I enjoyed to watch them. It was a lot of fun to know about lifestyle of foreigners. Videos were not so long, so I could work on it easily.

I think they are very good tools for listening English.
I want to use this from now on.

It was good because not only we can practice listening, but also we can know cultures of many foreign countries or a lot of different ways of living.

It was convenient to hear English every day

I like it. However, I think you should not allow us to use the "caption" mode on YouTube because some people read, not listened.

That was a very good!! I sometimes listen them even it is not a homework. I think this helped to improve my English listening skill.

It's good to listening practice. Mr.Berry talks many people from many each country. So we can listen various accents of each people.

I think it's a good attempt. Because I think it's better to listen to English on a daily basis, but in reality there are few chances to listen to English in our everyday life.

They were all easy

It's a little difficult for me.

I could practice to listen to English!!

So I will watch this videos when I am second grade to practice.

It was great and was fun hearing about people's opinions and thoughts around the world. But most of them were quite easy for me.

It's very good for improving my English skills and I can know how native speak actually.

I could practice to listen to English!!
So I will watch this videos when I am second grade to practice.

Final thoughts

- **start with some Google forms** to gauge level, promote student confidence and familiarity
- **help orientate students** – start with assigning specific ones to listen to
- when starting, try to **provide direct links** – landing pages can often be very busy and hard to navigate
- for high school students, **consider assigning different conversations** to minimize copying
- when confidence and relevance is established, **encourage more choice and freedom**
- include **follow-up tasks** (ex. Tell your partner what you listened to this week)
- **link to class and course assessments**
- **include in final grade** (on our course, EL is a significant part of the homework score = 10% of final grade)